

Inclusive Education

From

Guide: [Behaviour and learning](#)

Strategy: [Collaboratively develop a safe and caring culture and climate](#)

Suggestion: [Provide useful structure, protocols, and routines to increase predictability and calmer environments](#)

Date

16 May 2024

Link

inclusive.tki.org.nz/guides/behaviour-and-learning/provide-useful-structure-protocols-and-routines-to-increase-predictability-and-calmer-environments

Co-design with students

Discuss with students ways to reduce anxiety by building structure and predictability into the following situations:

- ✓ working in large, open spaces
- ✓ lining up in cramped spaces
- ✓ speaking in front of the class
- ✓ group work
- ✓ changing layout of furniture
- ✓ changing layout of rooms and spaces
- ✓ changes to routine
- ✓ lots of choices
- ✓ unable to see, read, or hear information
- ✓ loud noise levels
- ✓ bright lights and glare
- ✓ moving around the school with large numbers of people at once
- ✓ hot desking (no fixed desk).

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