

# Create a safe environment

Include the following information as part of your initial enrolment:

- ✓ a written asthma action plan from the child or young person's healthcare professional
- ✓ a list of asthma triggers
- ✓ specific symptoms to look out for
- ✓ treatment plans for an asthma attack
- ✓ a list of all prescribed asthma medication, doses, and how they should be used
- ✓ written consent from parents to administer medication as required.

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