

# Useful resources



## How does asthma work?

This resource includes a short animation that describes the main symptoms and treatments of asthma. After watching the video there is the opportunity to answer questions and be part of a discussion thread.

Publisher: TED Conferences

[Visit website](#)



## Living with asthma

Read time: 3 min

Information explaining what asthma is, what causes asthma, and symptoms to look for.

Publisher: Asthma + Respiratory Foundation, NZ

[Visit website](#)

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