

# Create asthma friendly environments

- 1 Establish a process to identify children and young people with asthma.
- 2 Allow children and young people easy access to reliever inhalers.
- 3 Establish a process for handling worsening asthma.
- 4 Identify and reduce exposure to common asthma triggers within the environment.
- 5 Encourage children and young people with asthma to participate in all activities, especially physical activities.
- 6 Provide staff, family, whānau, children, and young people with opportunities to learn about asthma.
- 7 Collaborate with families, health care professionals, and staff to create asthma- friendly environments.

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