

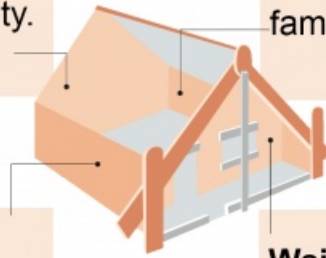
Consider recent research

Hinengaro (Psychological)

Improved asthma management gives confidence to the child and whānau for managing future attacks and relieves anxiety.

Whānau (Family)

Improved asthma management results in less distress for the family and can also result in more participation in family activities.



Tinana (Physical)

Improved asthma management increases the ability of the child to participate in physical activities, i.e. playing with other children.

Wairua (Spiritual)

Improved asthma management allows the child to feel a sense of well-being.

Source:

Adapted from [Asthma and Chronic Cough in Māori children](https://bpac.org.nz/BPJ/2008/May/docs/bpj13_cough_pages_20-24.pdf)

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