

Asthma emergency treatment

Respond quickly if a child collapses and appears to have difficulty breathing.

With spacer

1. Shake inhaler and insert inhaler mouthpiece into spacer.
2. Place spacer mouthpiece in person's mouth and press the canister once.
3. Ask the person to breathe in and out normally for about 6 breaths.
4. Repeat in quick succession until 6 puffs have been given.

Without spacer

1. Shake inhaler.
2. Place mouthpiece in the person's mouth.
3. Give 1 puff as the person inhales slowly and steadily.
4. Ask the person to hold that breath for 6 seconds, then take 6 normal breaths.
5. Repeat as required.

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