

WHAT'S INSIDE THE ONLINE

# Universal Design for Learning (UDL) guide



[inclusive.tki.org.nz/guides/universal-design-for-learning](https://inclusive.tki.org.nz/guides/universal-design-for-learning)

## Strategies and suggestions for meeting the diverse and variable needs of all students

→ Click to view section on the TKI website



## Understanding UDL →

### UDL and *The New Zealand Curriculum* →

UDL and the NZC  
Supporting the inclusion principle  
Learner orientated systems  
UDL in an NZ classroom

### Learn about the origins and purpose of UDL →

Where UDL began  
UDL at a glance  
Planning for predictable variability  
The value of universal approaches  
Benefits of UDL

### Gain an overview of the UDL framework, its principles and guidelines →

Neuroscience and UDL  
3 principles of UDL  
UDL Guidelines  
Using UDL Guidelines

### Apply UDL to school-wide systems and processes →

Impact of implementing UDL  
Professional learning approach  
Inclusive systems and processes  
Inclusive design of physical spaces

## Supporting engagement in learning →

### The affective network and how it impacts motivation and participation →

Understand the affective network  
The “why” of learning  
Supporting the affective network  
Emotional triggers  
Summary

### Provide flexible options to support student interest →

Overview  
Support choice and autonomy  
Increase relevance and value  
Minimise threats and distractions  
Reflection questions

### Provide options for sustaining effort and persistence →

Overview  
Create goals and scaffold challenge  
Foster collaboration  
Provide mastery-oriented feedback  
Reflection questions

### Provide options for self-regulation →

Overview  
Introduce the learning pit  
Tools to manage emotions  
Options to reflect on learning  
Reflection questions

## Offering multiple representations of information →

### The recognition network and how we make sense of presented information →

Understand the recognition network  
The “what” of learning  
Present information in different ways  
Identify barriers  
Summary

### Provide options for perception →

Overview  
Benefits of digital text  
Closed captions audio alternative  
Provide multiple supports  
Reflection questions

### Provide options for language, mathematical expressions, and symbols →

Overview  
Access to new language  
Understanding across languages  
Use multiple media  
Reflection questions

### Provide options for comprehension →

Overview  
Activate background knowledge  
Patterns and big ideas  
Options for processing and generalising  
Reflection questions

## Enabling action and expression →

### The strategic network and how we create, plan and share learning →

Understand the strategic network  
The “how” of learning  
Identify barriers  
Summary

### Provide options for physical action →

Overview  
Support flexible pathways  
Provide digital options  
Minimise barriers  
Reflection questions

### Provide options for expression and communication →

Overview  
Multimedia for communication  
Offer both physical and digital tools  
Build in scaffolding  
Reflection questions

### Provide options for executive functions →

Overview  
Guide goal setting  
Support self management  
Monitor personal progress  
Reflection questions

## Planning using UDL in primary settings →

### Getting started with UDL →

Tips from educators  
Teacher perspectives  
Using the Guidelines  
Put UDL lens on an activity

### Prepare the physical and virtual environments for flexibility and personalisation →

Student-led design for diversity  
Design for personalisation  
Provide comfortable furnishing  
Inclusive design online  
Self reflection

### Refine and support goal setting →

Purposeful goals  
Share goals in multiple ways  
Support planning and action  
Separate goals from means  
Self reflection

### Match teaching methods to student preferences →

Students’ experiences of UDL  
Use multiple approaches  
Communicate in multiple ways  
Know your learner  
Self reflection

## Ensure materials and resources are flexibly designed and accessible to all →

Utilise technologies  
Increase flexibility of content  
Offer options for expression  
Text to speech  
Self reflection

### Design assessments to enable students to demonstrate their understanding →

Design assessments with UDL  
Minimise threats and barriers  
Assessment accessibility  
Options for expressing learning  
Self reflection

## Planning using UDL in intermediate and secondary settings →

### Getting started with UDL →

Tips from educators  
Teacher perspectives  
Using the Guidelines  
Put UDL lens on an activity

### Prepare the physical and virtual environments for flexibility and personalisation →

Student-led design  
Expecting variability  
Form fits function  
Inclusive design online  
Self reflection

## Refine and support goal setting →

Increase relevance and authenticity  
Separate goals from means  
Support individual goal setting  
Self reflection

### Match teaching methods to student preferences →

Ask students what can help  
Offer online versions  
Teach for diversity  
Design for engagement  
Self reflection

## Ensure materials and resources are flexibly designed and accessible to all →

Offer flexible materials  
Benefits of digital text  
Text to speech  
Self reflection

### Design assessments to enable students to demonstrate their understanding →

Design assessments with students  
Assessment fit for purpose  
Support success in assessments  
Align design to UDL  
Self reflection

